

# **Healthier Montana Task Force Meeting**

October 27, 2014

# What we want to accomplish today:

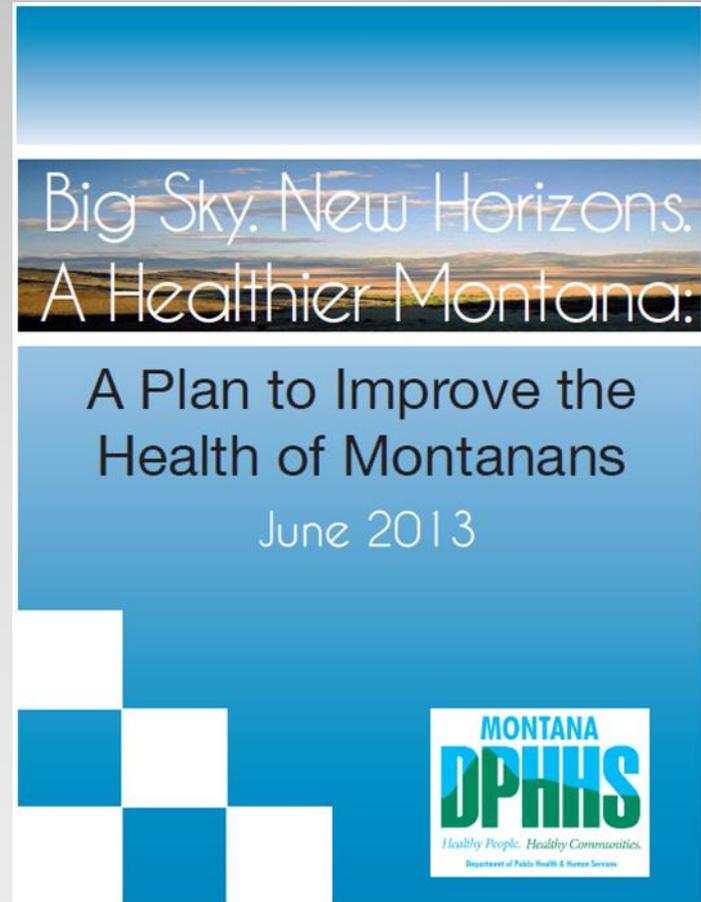
1:00 – 1:15	Welcome & Introductions
1:15 – 1:30	Brief overview of the roll and goal of the task force
1:30 – 2:00	Summary of strategies currently being implemented and begin to discuss identification of top 3-4 health improvement outcomes for the Task Force to address in 2015
2:00 – 2:15	Public comment period
2:15 – 2:30	Assignment and wrap - up

## **Role of the Task force:**

- Please see document attached to email

# Summary of Strategies currently being implemented:

- Are there initiatives or projects underway in your community or agency that align with the state plan?



# Focus our efforts in 2015

- Health Indicators listed on pages 6, 8, 11, 14, & 17

## Health Indicators: By 2018

- Decrease the proportion of adults who report they are overweight or obese from 60% to 54%<sup>1</sup>
- Increase the proportion of adult Montanans who report they are up-to-date with colorectal, breast, and cervical cancer screening from 57%, 71%, and 78%, respectively to 61%, 80%, and 86%, respectively<sup>1</sup>
- Decrease the average consumption of cigarettes in Montana from 58 to 52 packs per person per year<sup>2</sup>
- Decrease the proportion of youth who report they have smoked cigarettes in the past 30 days from 17% to 14%<sup>3</sup>
- Decrease the proportion of adults who report they are smokers from 22% to 19%<sup>1</sup>

### Action Area

A1. Public Health

### Strategy

A.1.1 Support worksites and schools to implement health promotion policies that promote chronic disease prevention (e.g., healthy food and beverage choices, physical activity, breastfeeding, tobacco-free workplaces)

**Align all work around 3-4 health indicators already identified in the plan**

**How will we do this?**

<p>Health Indicator /Outcome measure (5-year goal)</p>	<p>Decrease the proportion of women who report they smoke during pregnancy from 16% to 12%</p>		
<p>Intermediate metric (1-year goal)</p>	<p>Increase quarterly number of calls to the Montana Quit-Line from pregnant women</p>		
<p>Strategies from State Plan addressing this issue</p>	<p><b>B.2.1:</b> Increase awareness of maternal, child, and infant health through public education (e.g., baby on back to sleep, healthy eating, tobacco use prevention, physical activity and child abuse prevention)</p>	<p><i>Strategy identified by Task Force Member</i></p>	<p><b>A.1.3</b> Promote the implementation of smoke-free multi-dwelling housing</p>
<p>How is this strategy being implemented?</p>	<p>Montana WIC program providing Quit-Line information to any pregnant or parenting woman that received nutrition counselling and indicates she uses tobacco.</p>	<p><i>Specific implementation</i></p>	<p>DPHHS Tobacco Use Prevention Program working to promote smoke-free multi-dwelling housing</p>
<p>How are we measuring progress?</p>	<p>Number of Quit-Line referrals made per month</p>	<p><i>Measure of progress</i></p>	<p>Number of public or private housing units in Montana that voluntarily go smoke-free</p>
<p>Action items/ Tasks</p>	<p>Continue to make referrals and track data</p>	<p><i>Tasks</i></p>	<p>Meet with Montana housing authority to discuss possible policy interventions</p>

# Looking ahead

1. Use a prioritization process to pick top 3-4 (start today and follow with homework)
2. Identify strategies in plan to use (each member will self-select)
3. Identify how we will know we are on track (process measures)
4. Assign action items to members

# Assignment

- You will receive an excel workbook via email
- We are asking you to rate each health indicator based on 4 criteria:
  - Impact
  - Feasibility
  - Preventability
  - Existing Support



# Impact

**Definition of Impact** —based on the incidence, prevalence, severity of this condition and the monetary costs associated how does this condition impact the population of Montana?

Rating Scale:

- 3 High impact
- 2 Moderate impact
- 1 Low impact

Enter your  
IMAPCT rating  
next to the listed  
health outcome

Increase the proportion of adult Montanans who report they are up-to-date with colorectal, breast, and cervical cancer screening from 57%, 71%, and 78%, respectively to 61%, 80%, and 86%, respectively	
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# Preventability

**Definition of Preventability** —does evidence exist that this condition can be prevented?

Rating Scale:

- 3 Strong evidence exists
- 2 Some evidence exists
- No known evidence
- 1 exists

Enter your  
PREVENTABILITY  
rating next to the  
listed health  
outcome

Increase the proportion of adult Montanans who report they are up-to-date with colorectal, breast, and cervical cancer screening from 57%, 71%, and 78%, respectively to 61%, 80%, and 86%, respectively	
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# Feasibility

**Definition of Feasibility** -Is it feasible for your agency and the constituencies you represent to implement strategies that contribute to improving the health indicator listed?

Rating Scale:

- 3 Very feasible
- 2 Somewhat feasible
- 1 not feasible

Enter your  
FEASIBILITY  
rating next to the  
listed health  
outcome

Increase the proportion of adult Montanans who report they are up-to-date with colorectal, breast, and cervical cancer screening from 57%, 71%, and 78%, respectively to 61%, 80%, and 86%, respectively	
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# Existing Support

**Definition of Existing Support** - Are there existing efforts to address this issue such as coalitions or current programs? Does support exist for this issue in your agency and among the constituencies you represent?

Rating Scale:

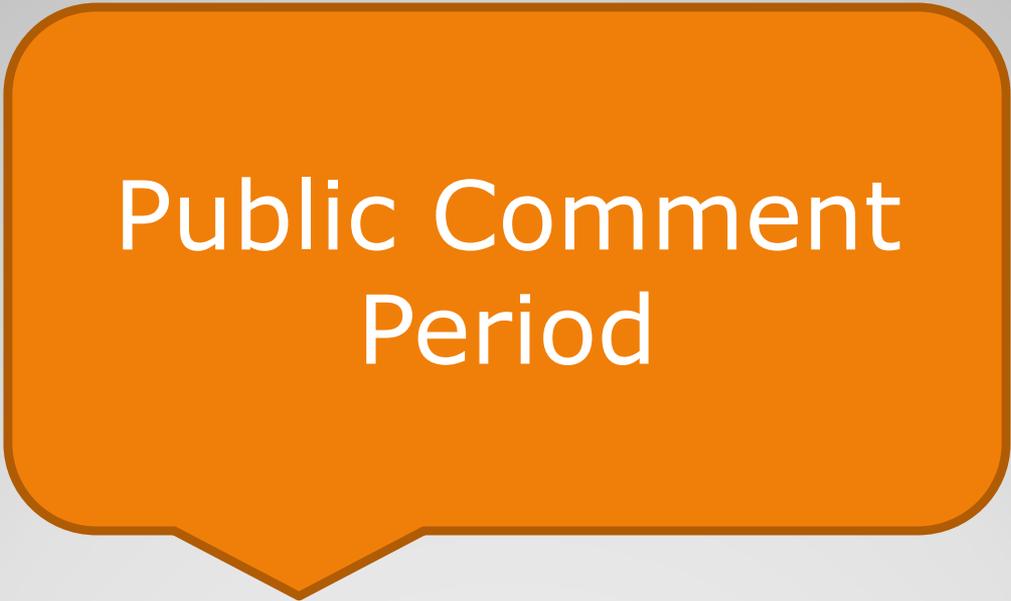
- 3 Support exists
- 2 No support exists
- 1 *Opposition* exists

Enter your  
EXISTING  
SUPPORT rating  
next to the listed  
health outcome

Increase the proportion of adult Montanans who report they are up-to-date with colorectal, breast, and cervical cancer screening from 57%, 71%, and 78%, respectively to 61%, 80%, and 86%, respectively

# After we identify top priorities

- Develop and implement high-level work plans to track progress
- Use [www.ahealthiermontana.mt.gov](http://www.ahealthiermontana.mt.gov) to track progress statewide
- In 2016, we evaluate our efforts and decide if we keep same priorities or pick new ones

An orange speech bubble with a white border, containing the text "Public Comment Period". The bubble is centered on a gray gradient background.

Public Comment  
Period

# Following this meeting

- Task Force members will receive an email
  - Prioritization worksheet
  - Link to another Doodle poll to set future meetings
- If you have any questions please contact Lindsey Krywaruchka 406-444-9352 or [lkrywaruchka@mt.gov](mailto:lkrywaruchka@mt.gov)